

A STYLISH RUN FOR A GREATER CAUSE

Valentine's Day
Ball 22ND EDITION

THURSDAY, FEBRUARY 12, 2026

GARE WINDSOR, MONTREAL

YOUTH IN MIND FOUNDATION

THE VALENTINE'S DAY BALL

An outstanding philanthropic event

For over 20 years, the **Valentine's Day Ball** has been a perfect example of Greater Montreal's business community coming together to support an important cause: **preventing psychological distress and promoting positive mental health among youth.**

With one in three teens experiencing symptoms of anxiety or depression, we invite you to join us in making a meaningful difference in their lives.

Thank you for standing with us!



Éric Bujold

Chairman of the board, FJET

Vice Chairman and Chief

Client Relationship Officer

National Bank



Catherine Parent
Committee president
Managing Director Roynat
Equity Partners
Roynat Capital/Scotia Bank



Mélanie Boucher
President –
Chief Executive Officer
Youth in Mind Foundation

An evening that makes all the difference!

"As a facilitator, I feel very privileged to be able to witness the sparkle in a young person's eyes during a workshop. When I was in Grade 10, the Foundation came to my classroom, and it had a huge impact on me. Now it is my turn to make a difference, and I couldn't be prouder."



Martine, employee of theYouth in Mind Foundation

Mobilized organizations

Enviable networking

Inspiring testimonials



The Youth in Mind Foundation's mission aims to prevent psychological distress among teens between 11 and 18 years old in Quebec.

We accomplish this mission by offering teenagers, their parents and school personnel a multitude of online tools and awareness workshops in schools.

Destigmatize, raise awareness and empower, those are the concrete actions that are done each and every day to help the next generation face life's challenges.

Did you know?



One in three teens experiences symptoms linked to generalized anxiety or to depression *



50 % of mental health disorders appear before **the age of 14**



The Foundation meets more than **50,000 teens** in schools each year.

It starts with prevention!

The Foundation offers videos, podcasts, mini guides, and more, created with the help of experts to better equip teens and the important actors in their lives.

Find them here:

Schools

Teens

Families

Two workshop offers in high school:

Mental health basics:

presented to students between the ages of 11 and 13, this workshop proposes a positive approach to mental health

Partners for life**:

presented to students 14 and older, this workshop offers help to prevent depression among teenagers 2023

2024

2025

LA VIE EN ROSE

650 guests

HONORARY CO-CHAIRS Ève **LAURIER**, Bombardier Julie **DORÉ**, BCF Business Law **WILD ODYSSEY**

620 guests

HONORARY CHAIR Nadine **RENAUD-TINKER**, Royal Bank of Canada **APRÈS-SKI**

650 guests

HONORARY CHAIR
Éric **FORTIN**,
Kastello Immobilier and
Fondation Lise et Richard Fortin



NET PROCEEDS \$742,000



NET PROCEEDS \$605,000



NET PROCEEDS \$860,000

VISIBILITY AND IMPACT

Each year, the Valentine's Day Ball draws attention from major media outlets. This gives partners and sponsors valuable visibility for their philanthropic involvement.

The Ball has been featured in La Presse +, Les Affaires, Le Journal de Montréal, Montreal Gazette, msnmtlmedia, Globe&Mail et MTL Centre-Ville. The event is also featured on the Foundation's website and social media platforms.

The 2025 edition

- + 55 000 impressions on our social media platforms*
- + 3 000 impressions on our website*



*Impressions: number of times a post is seen; it is possible that it appeared more than once in a person's news feed.

PARTNERSHIP OPTIONS

GOLD

\$25,000



To make a difference in the life of thousands of teenagers



One (1) table of ten (10) guests for the Ball, on Thursday, February 12, 2026, in a prime seating location in the room



in



- Corporate logo on the event's page on the Foundation's website
- Visibility on a full slide in the evening's visual projection
- Corporate logo in a thank you post on LinkedIn
- Mention in the "Valentine's Day Ball" section of the annual report

SILVER

\$13,500



To make a difference in the life of thousands of teenagers



One (1) table of ten (10) guests for the Ball, on Thursday, February 12, 2026



- Visibility on a shared slide in the evening's visual projection
- Mention in a thank you post on LinkedIn

Sponsorship options

Available sponsorships

Oyster Station*

Offer the first bite of the evening! A station tailored to your brand in a delightful setting, what more could you ask for?

\$5,000

Wines*

A well-chosen wine for a beautiful event changes everything. A perfect occasion to help introduce a variety to amateurs and connoisseurs.

\$10,000

Cocktails and Evening Bar *

What's better than kicking off the festivities and ending them off with classic and signature cocktails? From champagne and spirits to mocktails, enchant the guests.

\$6,000

Sold sponsorships

Photobooth

A picture is worth a thousand words, so offer the one that will be printed during the evening. A perfect opportunity to make your visibility shine on social media platforms while being at the center of the collective memory of all!

\$6,000

Musical Entertainment

Introduce the DJ and their musical planning, from the cocktail

\$5,000

hour to the dance floor! This musical atmosphere will

transport guests to another universe at each stage of the

Evening's entertainment

Make the eyes of the guests sparkle by offering an entertaining performance that will bring joy to all. The ideas are to be discussed depending on the theme of the evening.

\$5,000

Valet

Be the first and last souvenir of the evening for guests. By

offering this service, you will benefit from a private visibility in each vehicle.

\$5,000

Coat Check

Offer the coat check and transform a waiting moment into an experience.

\$5,000

Security

An evening filled with fun and good spirits is ideal! Participate in this evening by ensuring that it runs smoothly and allowing guests to enjoy the evening with peace of mind.

\$5,000

Parking *

Offer a worry-free parking. Enable accessibility and ensure downtown is an enjoyable destination by benefiting from a private visibility in each vehicle.

\$5,000

Gift Bag*

Keep the fun going with a little something to thank guests for supporting the cause.

\$5,000

Auction

Make bidders dream by allowing everyone to indulge in a *little or big treat. This extraordinary experience extends* beyond the evening itself. Visibility begins a week in advance and reaches a wide audience.

\$5,000

Confirmed sponsors



















SPONSORSHIP OPTIONS

WINES

A well-chosen wine for a beautiful event changes everything. A perfect occasion to help introduce a variety to amateurs and connoisseurs.

\$10,000*

*In cash or in products

- Corporate logo in the evening's menus
- Corporate logo in a thank you post on LinkedIn
- Visibility on a shared slide in the evening's visual projection
- Corporate logo on the event's page on the Foundation's website



COCKTAIL AND EVENING BAR

What's better than kicking off the festivities and ending them off with classic and signature cocktails? From champagne and spirits to mocktails, enchant the guests.

\$6,000

*In cash or in product

- Corporate logo on a stem tag at the bottom of cocktail and evening bar glasses
- Corporate logo in a thank you post on LinkedIn
- Visibility on a shared slide in the evening's visual projection
- Corporate logo on the event's page on the Foundation's website



OYSTER STATION

Offer the first bite of the evening! A station tailored to your brand in a delightful setting, what more could you ask for?

\$5,000 *

*In cash or in products

- Corporate logo on a visual element at the station
- Corporate logo in a thank you post on LinkedIn
- Visibility on a shared slide in the evening's visual projection
- Corporate logo on the event's page on the Foundation's website



GOVERNORS CIRCLE

2025 Edition*

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Nathalie **Gagnon**, BCF Business Law
Sonia **Boisvert**, PwC
Justine **Delisle**, Richter
Pierre **Desjardins**, Chades & associés
Paule **Labelle**, Cava Rose
Catherine **Parent**, Roynat Capital/Banque Scotia
Nancy **Tavoukdjian**, Richter





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Member of multiple boards

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